

# Wellbeing and Wildlife 11<sup>th</sup> Jan 2020

## Junk Creations!

### What You'll Need:

- Anything you can find (which an adult has said you can use):
- Cardboard boxes
- Cardboard tubes (kitchen and toilet roll tubes)
- Straws
- String
- Glue
- Cellotape
- Plastic bottles and tops
- Imagination!

### Activity

- Often adults throw away things, which are perfect to make a wonderful junk model creation. So, ask an adult if they have anything you can use to make a model out of (ask for things on the list in the "What you'll need" section, but your adults may find other exciting things to use too!)
- Plan you design either in your head or on paper. What would you like to try and create? A rocket maybe, perhaps a castle or a robot, maybe a den.
- You could colour or paint your creation and use it to play with. Maybe your whole family could work together to make a junk model creation.
- Ask for help from an adult if you need it and make sure you have permission to use everything first.



## Wildlife Dairy



### What You'll Need:

- Pen or Pencil
- Writing pad or paper
- A view of your garden or street
- Good looking with your eyes
- Good listening
- Patience

### Activity:

- Whilst at home, you can write or draw the things you see or hear in your garden or street every day.
- You could note what the weather is like, what time of day it is and how you feel too.
- Do you notice any animals who visit at the same time every day - do they have a routine or pattern to their behaviour.
- You could take photographs or sketch what you see. With help from an adult, you might even be able to film a wildlife diary to share with your family.

## Wildlife Live Webcams

If you are missing being outside and learning about nature, lots of wildlife centres have installed webcams so that we can watch wildlife from home!! Click on each the link to open the webcams.

Here are some Mrs Winter's favourite live wildlife webcams. Remember, they are live, so sometimes there may be quiet and other times full of animals - be patient!

- [Scotland Nature Reserve](#) - Great for Red Squirrels
- [Wildlife Kate](#) - Lots of amazing wildlife in the UK and South America!!
- [Peregrine Falcons](#) - Can you spot this rare and protected bird of prey?
- [Badgers](#) - If you can't sleep, try to spot the Badgers just before it's dark and throughout the night, as they are nocturnal animals.  
Good Luck!!

