

# Wellbeing and Wildlife 18<sup>th</sup> Jan 2020

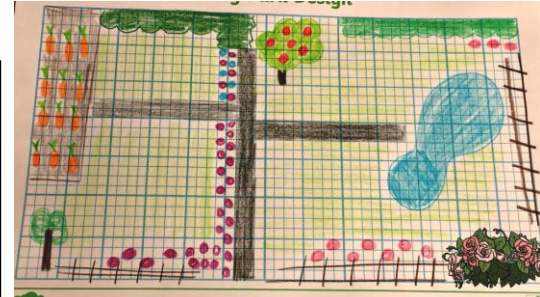
## Garden Designers

### What You'll Need:

- Paper
- Pencil or pen
- Felt tips or crayons
- Imagination!

### Activity

- On a rainy day, there is nothing better than to plan for Spring! You can plan your dream garden either based on your own garden at home or an imaginary garden.
- You can draw you garden plot either from a bird's eye view (from above) or just sketch a picture of how you might like your garden to look.
- You could sketch a variety of plants in your garden design including flowers for bees and fruit and vegetables for you and your family.
- You could invent your own plants - a new species!



## Seed Scientist



### What You'll Need:

- Dry seeds from your food cupboard (ask an adult first) such as rice, lentils, kidney beans, black eyed peas, other dried beans.
- Kitchen roll
- Plate or bowl
- Water and light

### Activity:

- Place kitchen roll onto a plate or bowl.
- Wet the kitchen roll slightly
- Place each dried bean or seed onto the wet tissue, place in light (such as a windowsill).
- Make sure the kitchen roll remains damp each day.
- See which of your dried seeds or beans begin to sprout roots and shoots! Which grows best? How tall can you grow the shoots?

## Squirrel Appreciation Day – 21<sup>st</sup> January

This Thursday is International Squirrel Appreciation Day!

See how much you can learn about these quick, tree climbing mammals and see how many you can spot from your window!

Here are a few facts to get you started, but you could learn more online at:

- Squirrels can be found in all habitats including gardens, cities, parks and woodlands.
- Squirrels have 4 front teeth that never stop growing throughout their whole lifetime!
- Did you know that squirrels bury their food so they have a supply of food throughout the winter?
- Squirrels do not dig up all of their food supplies, leading to new trees!

