# Wellbeing and Wildlife 8th Feb 2021

## Sense detectives

#### What You'll Need:

- Your senses
- Inside or outside space
- Sense of adventure!

#### Activity

- Use your senses to explore the world around you.
- You could explore either inside your house or in your back garden.
- You can challenge your family to join you with this activity.
- See you can find:
  - o 5 things you can see
  - 4 things you can touch/feel
  - o 3 things you can hear
  - 2 things you can smell
  - o 1 thing you can taste

Always check the thing you taste is safe to do so beforehand!



## Minibeast Hunt



#### Activity:

- Take yourself out in to the garden (or if you do not have a garden, go to the park as your daily exercise).
- Use your detective skills to see if you can find any of the minibeasts on the list to the left.
- Remember, they may be hiding under logs, leaves, on trees, under rocks and in the soil.
- Try not to handle the minibeasts to avoid hurting them.
- Remember to wash your hands after minibeast hunting.
- Who can find the most amount of minibeast in your family? Which minibeast do you find the most?

# Darwin Day - February 12th

In 1831, a young naturalist called Charles Darwin boarded a ship called the HMS Beagle and set out on a fantastic five-year voyage around the world to study and collect animal, plant and rock samples.

Darwin noticed that although the different islands had similar creatures and plants, many seemed to have adapted to suit their local environments

In 1858, Darwin revealed his 'theory of evolution by natural selection', to explain how animals adapted to their environment to survive.

Darwin discovered so many new species that had never before been heard of or seen. He is considered one of the greatest biologists, explorer and scientist of all time!

You can learn more about Charles Darwin here

