

# Nursery

## Encourage Creativity

Young children need to use playdough, paint, pens, chalk, scissors, glue and paper every day to make, draw and create.

- Help your child to use scissors and glue to make pictures.
- Do some junk modelling with cereal box and other containers that children can stick together to 'create' things.
- Paint some pictures- paint doesn't need to be messy. Little paint palates keep things easy.
- Make your own playdough together:

**Makes** 1 ball

**Prep** 10 minutes

### You will need

- 8 tbsp plain flour
- 2 tbsp table salt
- 60ml warm water
- 1 tbsp vegetable oil

Mix the flour and salt together, then slowly add the water and oil, mixing all the time. You can add some food colouring too, if you want a different colour.

## Develop Their Language

Read to your child every day to develop good listening and language skills.

- Read a bedtime story.
- Look at books together and talk about the pictures.
- Go online to get free access to e books: <https://www.oxfordowl.co.uk/for-home/find-a-book/library-page/>

Here you can look at books on a tablet or computer and find ones that your child loves.

- Play 'I spy with my little eye, something coloured...'.  
• Sing nursery rhymes together.  
• Play games or do jigsaw puzzles together.

## Supporting Maths

- Say numbers in order, together, like when you go upstairs, or how many times you can hop on one leg, or counting the cutlery for dinner time.
- Go on a shape hunt at home.

## Keeping Active

Burn off energy with some active ideas and they'll be ready for bedtime when it comes!

- If you have an outside space: get some chalk and make a hop scotch; play chase; play musical statues in the garden; get a large ball and practice throwing and catching; get a bat and ball for your child to hit the ball to you.
- If you don't have an outside space: put the cushions on the floor to create a pathway to jump on; play musical statues or musical bumps; put on your favourite music and dance together; have competitions with brothers and sisters- who can hop for longest, what about the other leg...

And finally... **Building Confidence**

Give your child the opportunity to succeed doing little, everyday things all by themselves:

- Putting on and taking off socks and tights, jumpers and cardigans and coats.