

# Sustainable Home Learning and Play

These activities are designed for going to a safe outdoors space such as a garden or local park. If this is not possible every activity has an indoors adaptation below. For more ideas and video demonstrations join our Facebook group [www.facebook.com/groups/2947052738685771/](http://www.facebook.com/groups/2947052738685771/)

Early Years

Week 4  
Green  
Fingers!



## Potty about Potatoes

Got an old potato lurking in a dark corner of the vegetable rack? Give it a new lease of life as a potato plant and witness the transformation when you put it above a cup of water.

<https://www.ltl.org.uk/resources/potty-about-potatoes/>

## Where the Fairies Live

Let your imagination run wild and create a garden fit for a fairy perhaps in a container or a plant pot using whatever resources you have available. Add pebble bugs, peg people or clay critters and share your pictures!

<https://www.ltl.org.uk/resources/fairy-garden/>

## Mud Lab!

Designate an area of the garden as a mud kitchen and get stuck in playfully investigating mud using the tips and ideas from this resource. Stuck indoors, then adapt to spirit of the mud kitchen to water play or play dough.

<https://www.ltl.org.uk/resources/marvellous-mud-kitchens/>

## Potions and Pies

Play around with potions, cocktails, and perfumes. Collect a range of smelly petals, herbs and other leaves and put them in an old yoghurt pot. Add warm water, mix, and sniff! Stuck indoors, then try out spice rack combinations!

<https://www.ltl.org.uk/resources/potions-pies/>

## A Green High Five

Get playful with quick growing seeds like grass or cress sowing them in a handprint or other simple quirky shapes.

<https://www.ltl.org.uk/resources/green-high-five/>

For more resources visit [www.ltl.org.uk/free-resources](http://www.ltl.org.uk/free-resources)

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Lower  
Primary

Week 4  
Green  
Fingers!



## Spaced Out Seeds

If you have seeds to sow, have a go at measuring them out to correctly space them on a strip of newspaper using a ruler and a bit of flour and water to stick them down. Plant this seed tape into straight into the ground or save it. <https://www.ltl.org.uk/resources/seed-tape/>

## Name That Plant

Look at the plants around you, give them new descriptive names. Consider the names and the folklore around plants in the Harry Potter series, have some fun inventing your own. Make your own recycled labels for the plants. <https://www.ltl.org.uk/resources/plant-names-and-labels/>

## Paper Plant Pots

Ditch the plastic and use recycled paper to hand to create simple plant pots for your seeds. When the seeds germinate, they can be planted out still in the pot as it will biodegrade whoop whoop! <https://www.ltl.org.uk/resources/paper-plant-pot/>

## Gardening Bagged

If you are short on space, you can even grow produce in a bag on a doorstep. If the bag is big enough you could plan to have several different plants poking out of the sides. Check out this resource for how to do it. <https://www.ltl.org.uk/resources/bag-gardening/>

## Guerrilla Gardening!

Make a wildflower seed-filled bomb to throw to an unloved space as you walk past and witness the explosion of flowers a few months later. <https://www.ltl.org.uk/resources/seed-bombs/>

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Upper  
Primary

Week 4  
Green fingers!



## Planter Calculations

Looking at a forgotten planter, pot or window box?

Recruit your own mini 'Ground Force' to plan a makeover for a planting area indoors or out. From measurements to materials put it in their hands.

<https://www.ltl.org.uk/resources/pricing-a-planter-makeover/>

## Potions and Pies

Who doesn't want to make a magic potion? It could be a spell, a lotion or even a new fragrance to market. The key is to get the creators to write their spells or name and pitch their new products in this playful literacy activity.

<https://www.ltl.org.uk/resources/potions-pies/>

## A Cut Above

Have you got a patch of herbs in your garden? Or even just a supermarket herb pot on the windowsill? Either way, you can learn how to take a cutting and have new baby plants ready to go in 2 weeks!

<https://www.ltl.org.uk/resources/propagating-herbs-from-cuttings/>

## Plastic Planters

Give the plastic recycling a new lease of life and design your own planter. You could even use it to grow one of your cuttings in!

<https://www.ltl.org.uk/resources/recycled-planters/>

## Can You Dig It?

Mark out an archaeological dig and get a spoon, an old toothbrush, and a container for your artefacts. How deep can you dig and what can you find? Indoors, you could make a museum display of cool household artefacts.

<https://www.ltl.org.uk/resources/can-you-dig-it/>

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