

Handwriting

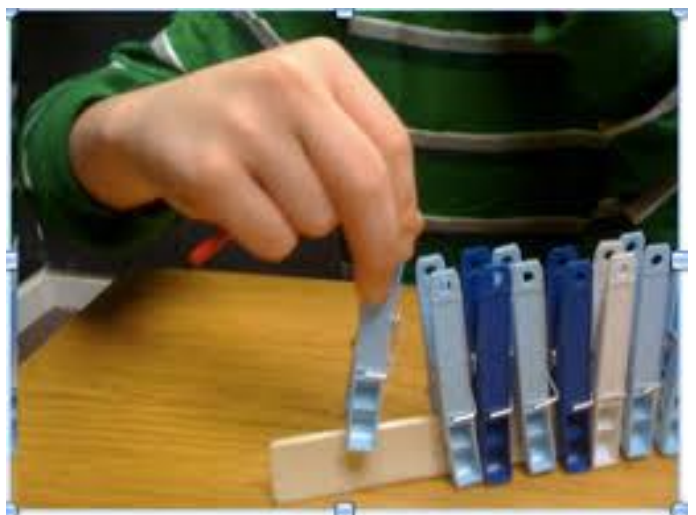
In Reception we try to practise handwriting every day. When they practise writing, they should use lined paper wherever possible.



Please ensure that your child holds their pencil correctly.

If your child struggles to hold their pencil correctly they may need to work on their fine motor skills.

Here are some activity ideas to help them to develop their fine motor skills.





There are lots of fun ways to develop hand and finger strength. Make some playdough and try some dough disco!

PLAYDOUGH

Easiest EVER

- 1.5 cup flour
- 1/2 cup salt
- 2 tsp Cream of Tartar
- 2 Tbsp Oil
- 1 cup Boiling water

Dough disco: <https://www.youtube.com/watch?v=i-lfzeG1aC4>

There is also an excellent program on youtube called 'Get squiggling' where children can practise their pencil skills in a fun way:

https://www.youtube.com/channel/UCg_q6YX1y3DG8Ttu_7mJ12Q



Try these other warm ups to develop hand and finger strength:

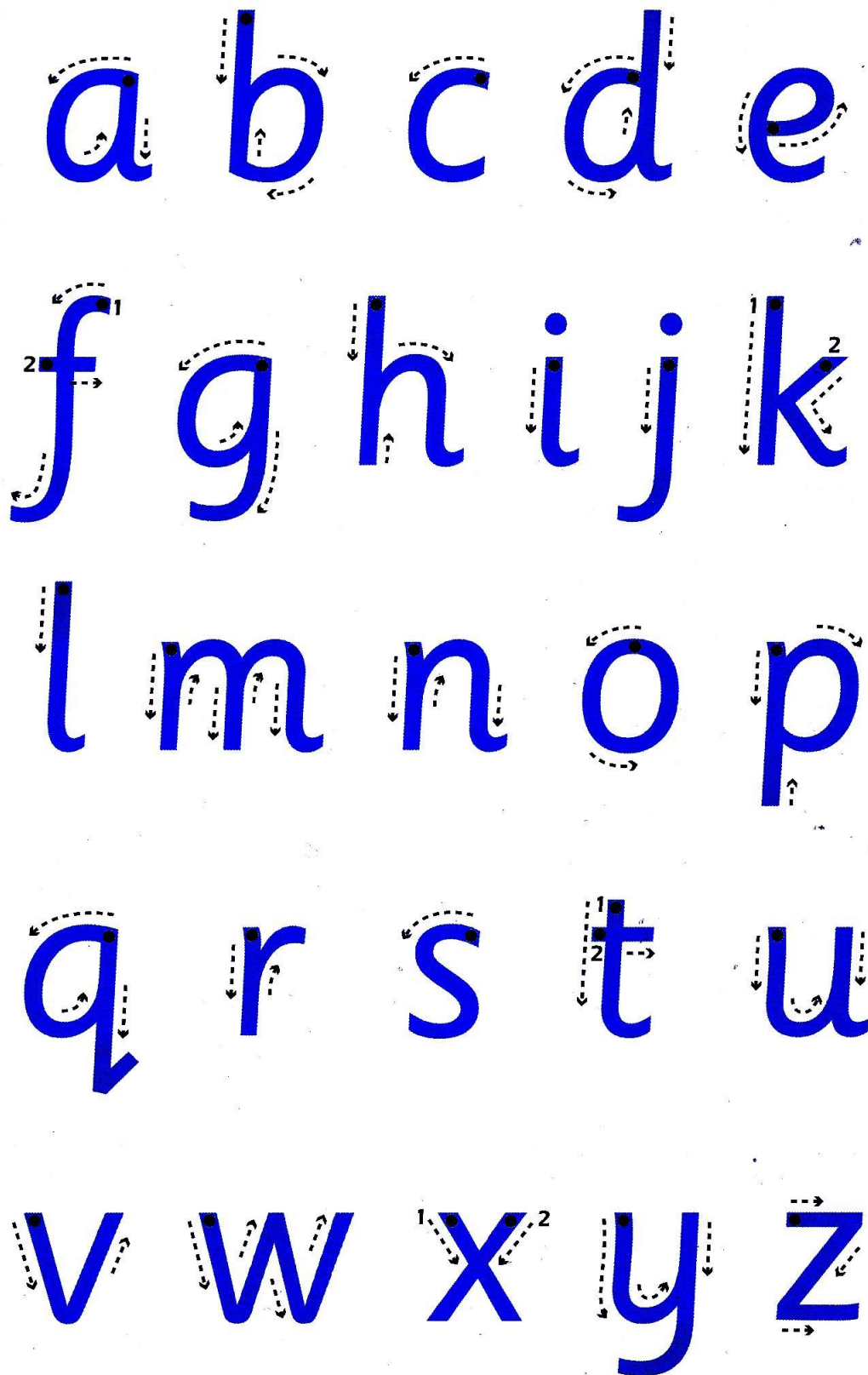
https://www.youtube.com/watch?v=r2tBH_XyeJc&list=PLohCYEXGwXFbEkGGBplh_Mk_nuzu07PZw&index=5&t=3s

https://www.youtube.com/watch?v=clCMG6f4pQ&list=PLohCYEXGwXFbEkGGBplh_Mk_nuzu07PZw&index=6&t=0s

https://www.youtube.com/watch?v=1XUo4urEQKQ&list=PLohCYEXGwXFbEkGGBplh_Mk_nuzu07PZw&index=3&t=157s

https://www.youtube.com/watch?v=D0mfqghrWK8&list=PLohCYEXGwXFbEkGGBplh_Mk_nuzu07PZw&index=4&t=0s

See below for letter formation



Practise letter formation using these videos:

https://www.youtube.com/watch?v=iAFoaXuY0BY&list=PLohCYEXGwXFbEkGGBplh_Mk_nuzu07PZw&index=7&t=0s

https://www.youtube.com/watch?v=cNSLIFwkU0E&list=PLohCYEXGwXFbEkGGBplh_Mk_nuzu07PZw&index=8&t=0s

https://www.youtube.com/watch?v=kpu8W15h41M&list=PLohCYEXGwXFbEkGGBplh_Mk_nuzu07PZw&index=9&t=0s

https://www.youtube.com/watch?v=VTK1qnrYREM&list=PLohCYEXGwXFbEkGGBplh_Mk_nuzu07PZw&index=10&t=0s

https://www.youtube.com/watch?v=X7dMes49ntQ&list=PLohCYEXGwXFbEkGGBplh_Mk_nuzu07PZw&index=19&t=0s

You can also practise letter formation in lots of other fun ways:



