# Safeguarding, Mental Health and Wellbeing

## What is our Rights Respecting Approach?

St. Benedict's Primary School is a Gold Rights Respecting School and a School of Sanctuary. The United Nations Convention on the Rights of the Child is at the heart of everything we do and all children are welcome.

We aim for our children to be:

Ambitious: To take pride in learning, make progress and achieve.

Resilient: To face challenges with perseverance and determination.

Respectful: To be inclusive, enjoy their rights and respect the rights of others.

Our Right Respecting vision expects the development of talents, building of resilience and confidence, empowerment around physical and mental health, valuing diversity, active participation and non-discrimination.

#### Our Pupils are 'Rights Holders'.

- Children learn about and are knowledgeable about their rights.
- Children are encouraged to speak up (article 12), exercise their rights and call-out rights violations.
- Pupil voice and opportunities to participate in decision-making are promoted.
- Enjoy a curriculum and wider opportunities which develop self-confidence, self-esteem, self-motivation, independence, compassion, tolerance and understanding of others.

## Adults are 'Duty-Bearers' who act in a child's 'best interests' (Article 3)

# Rights Bearers:

- Support children to respect, promote and realise their rights.
- Ensure children who have experienced neglect, abuse or/and exploitation receive special support to help them recover their health, dignity, self-respect and social life. (Article 39 recovery from trauma and reintegration).
- Provide opportunities to develop a sense of worth through taking responsibility for themselves and others.
- Are vigilant, apply RHRT thresholds and take prompt action. when necessary.
- Are responsive and reactive to any changes or concerns around our children.
- Have a commitment to continuous improvement and training.
- Are open to challenge and reflection and never say 'it couldn't happen here'.
- Share information appropriately and work with external agencies.