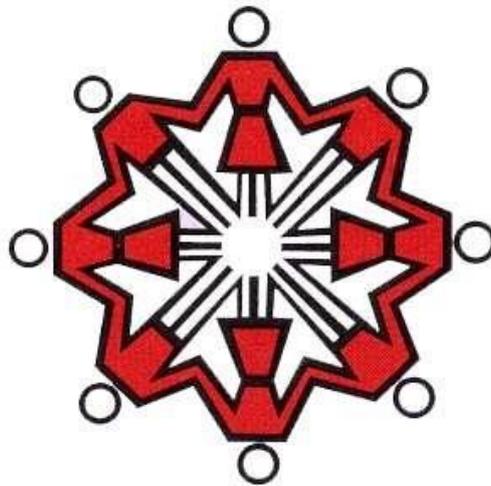


# ST BENEDICT'S INFANT SCHOOL



## Sex & Relationship Education

### Policy

*(February 2016)*



## **Rational**

Sex and relationship education should contribute to promoting the spiritual, moral, cultural, mental and physical development of pupils at school and of society and preparing pupils for the opportunities, responsibilities and experiences of adult life.

## **What is sex and relationship education?**

It is lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of marriage for family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality, and sexual health. It is not about the promotion of sexual orientation or sexual activity – this would be inappropriate teaching.

## **Aims**

### **SRE in our school aims for pupils to:**

- develop confidence in talking, listening and thinking about feelings and relationships;
- are able to name parts of the body and describe how their bodies work;
- can protect themselves and ask for help and support

## **How is SRE provided?**

Pupils need to be given accurate information and helped to develop skills to enable them to understand difference and respect themselves and others and for the purpose also of preventing and removing prejudice.

A planned, progressive programme of SRE *gradually and appropriately* begins to prepare our children for adult life. It teaches the skills they need to fully manage the natural physical and emotional changes that will happen to them as they grow and mature into healthy, confident and responsible adults.

In line with national recommendations, SRE at St Benedict's Infant School will be delivered through the PHSE, Science and PaTHs frameworks.

SRE is taught to each year group, starting in Reception.

SRE at St Benedict's should cover the following areas:

### **Attitudes and Values**

- Learning about the values of family life and stable relationships
- Learning the value and respect, love and care
- Exploring, considering and understanding moral dilemmas
- Develop critical thinking as part of decision making

## **Personal and Social Skills**

- Learning to manage emotions and relationships confidently and sensitively
- Developing self-respect and empathy for others
- Learning to make choices based on understanding of differences and with the absence of prejudice
- Providing opportunities for young people to develop the ability to understand the consequences of their decisions and actions
- To manage conflict

## **Knowledge and Understanding**

- Information about healthier, safer lifestyles
- Physical development
- Emotions, relationships and reproduction

Pupils at St Benedict's Infant School we will also develop their sensitivity and tolerance towards others through:

- R.E. and collective worship
- Circle Time
- PaTHs

Sex and relationship education is delivered in mixed gender groups at an age appropriate level.

## **SRE and Science Curriculum**

SRE will be taught along the current Science curriculum. Parents do not have the right to withdraw their child/children from these lessons.

## **National Curriculum Science Programme of Study (National Curriculum 2014) 'Animals and Humans':**

### **Year 1**

Animals, including humans Pupils should be taught to:

- Identify and name a variety of common animals including fish, amphibians, reptiles, birds and mammals.
- Identify and name a variety of common animals that are carnivores, herbivores and omnivores.
- Describe and compare the structure of a variety of common animals (fish, amphibians, reptiles, birds and mammals, including pets).
- Identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense.

## **Year 2**

Animals, including humans Pupils should be taught to:

- Notice that animals, including humans, have offspring which grow into adults.
- Find out about and describe the basic needs of animals, including humans for survival (water, food and air).
- Describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene.

### **Working in Partnership with Parents**

Parents are the key people in:

- Teaching their children about sex and relationships;
- Maintaining the culture and ethos of the family;
- Helping their children cope with the emotional and physical aspects of growing up;
- The school is committed to working with parent and carers.

Parents have the right to withdraw their children from all or part of the SRE provided except for those parts included in the statutory National Curriculum. Parents are asked to contact the Head Teacher who will be available to discuss any concerns

### **Confidentiality and Child Protection**

SRE will take place in a secure and supportive environment however the children will be made aware that teachers **cannot** offer unconditional confidentiality. All staff involved in delivering and supporting SRE should be alert to the signs of abuse, neglect and exploitation. The school has a separate Safeguarding Policy. Effective SRE may bring about disclosures of child protection issues and staff should be aware of the procedures for reporting their concerns.

### **Review and Monitoring**

The Sex and Relationships Education Policy will be reviewed by governors. The SRE programme is monitored by the PSHE Co-ordinator.

### **Equal Opportunities**

The school is committed to the provision of SRE to all of its pupils. Our programme aims to respond to the diversity of children's cultures, faiths and family backgrounds.

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